



RESOURCES FOR THE HOME AND COMMUNITY FOOD GARDENER

UC Master Gardener Program of Sonoma County website:

- Home page: <http://sonomamg.ucanr.edu/>
- Food Gardening Page (includes monthly garden tasks): [http://sonomamg.ucanr.edu/Food Gardening/](http://sonomamg.ucanr.edu/Food_Gardening/)
- Food Gardening publications: <http://sonomamg.ucanr.edu/Publications/> (includes *Growing Vegetables*, an A to Z guide to food gardening; *Year-Round Food Gardening in Sonoma County*, vegetables listed by planting windows; and the alphabetical *Vegetable Planting Summary*)
- Vegetable/Fruit/Herb articles: [http://sonomamg.ucanr.edu/Vegetable, Fruit, Herb Articles/](http://sonomamg.ucanr.edu/Vegetable_Fruit_Herb_Articles/)
- Food Gardening with Less Water page: [http://sonomamg.ucanr.edu/Food Gardening with Less Water/](http://sonomamg.ucanr.edu/Food_Gardening_with_Less_Water/)

Master Gardener information Desk:

- 133 Aviation Blvd, Suite 109, Santa Rosa, Monday-Friday, 9-11:00 am, 1-4:00 pm
- Phone: 707-565-2608
- Email: mgsonoma@ucdavis.edu
- Or, ask a Master Gardener at your local farmers market or the Sonoma County Fair or other event

University of California websites:

- Integrated Pest Management (IPM): www.ipm.ucdavis.edu
- The California Garden Web: <http://cagardenweb.ucanr.edu/>
- Vegetable Research and Information Center: <http://vric.ucdavis.edu/>

Food Gardening Specialists and Sustainable Food Gardening:

As Sonoma County Master Gardeners, our mission is to provide science-based horticultural information and teach home and community gardeners how to grow food sustainably. When you grow food sustainably:

- You nurture and protect the soil.
- You use compost and organic amendments to feed the soil organisms that, in turn, feed your plants. If you make your own compost, you are recycling your organic matter.
- You use mulch to cover your soil, prevent weeds and conserve water.
- You practice minimum soil disturbance.
- You plant the right plant, in the right place, at the right time.
- You include flowers that benefit the vegetables and that attract good insects.
- You avoid using synthetic fertilizers, herbicides and pesticides.

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