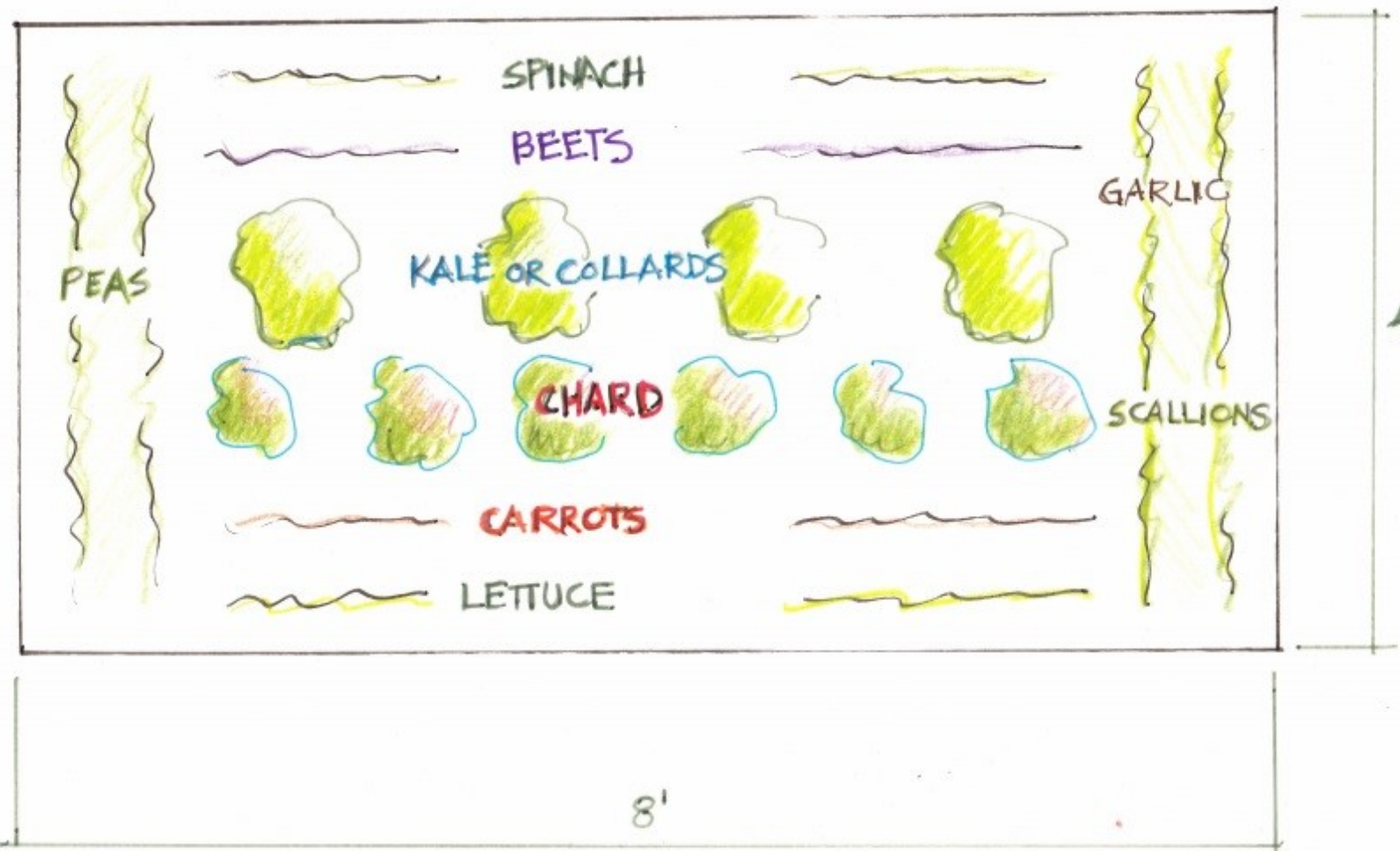


SONOMA MASTER GARDENERS FALL/WINTER VEGETABLE GARDEN SAMPLE PLANTING PLAN



FOCUS ON FALL VEGETABLES

Swiss Chard

Final Spacing: 12"
Container: 12-18" wide x 8" deep
Member of beet family grown for leaves
Protect from leaf miners
Varieties: 'Barese' for dwarf variety; 'Bright Lights,'
'Fordhook Giant,' 'Rhubarb'

Beet

Final Spacing: 3"
Container: 12-18" wide x 8" deep
Eat thinnings
Keep soil evenly moist; mulch
Begin harvest at 1" diameter but no wider than 3"
Varieties: 'Bull's Blood,' 'Chioggia,' 'Detroit Dark Red,'
'Golden,' 'Red Ace'

Carrot

Final Spacing: 2-3"
Container: 8-14" deep
Keep seed bed moist until seeds sprout; thin to
proper spacing
Choose variety based on depth of soil
Store in ground until harvest
Begin harvest when roots are 1/2" diameter
Varieties: 'St. Valery' for 8-10" roots; 'Cosmic Purple,'
'Danvers' for 6-8" roots; 'Short 'N Sweet' for 4" roots

Peas

Final Spacing: 2-4"
Container: 16-18" wide x 8" deep
Vining types need support; pick regularly for longer
harvests
Plant in moist soil, don't water again until seedlings
are up—seeds may rot if soil is too moist initially
Varieties: 'Alderman' for tall shelling pea; 'Sugar Ann'
for short, bushy vines; 'Sugar Snap' for 6' vines;
'Oregon Sugar Pod II' for edible pod bush snow peas

Spinach

Final Spacing: 4-8"
Container: 8-12" wide x 8" deep
Can tolerate 16 degrees F
Provide adequate nitrogen
Keep well-watered if no rain
Protect from leaf miners
Varieties: Savoy: 'Bloomsdale Long Standing,' 'Giant
Winter,' Semi-Savoy: 'Tyee,' Flat Leaf: 'Olympia'

Kale and Collards

Final Spacing: 18-36"
Container: 10" wide x 10" deep
Winter hardy to 5 degrees F
Light frost sweetens the taste
Harvest leaves as desired
Kale Varieties: 'Dazzling Blue,' 'Dwarf Blue Curled,'
'Nero Di Toscana,' 'Red Russian,' 'Scarlet'
Collard Varieties: 'Champion,' 'Georgia'

Lettuce

Final Spacing: 4-12" – distance depends on whether
harvest is for leaves or full head; full head needs 12"
Container: 10-18" wide x 6" deep
Replant every 3 weeks for continuous supply
Provide consistent moisture
Pick when leaves are young and tender
Varieties: 'Black Seeded Simpson,' 'Buttercrunch,'
'Flashy Trout Back,' 'Freckles,' 'Marvel of Four
Seasons,' 'Merlot,' 'Outredgeous,' 'Red Sails,' 'Red
Salad Bowl,' 'Sweet Valentine'

Garlic

Final Spacing: 5-8"
In Sonoma County: In ground October through June
Container: 6" deep for green garlic
Plant 2-3" deep; add 3-6" straw mulch
Consistent soil moisture results in bigger bulbs
Reduce water 1 month before expected harvest
Harvest June or July when central leaves are 50
percent dry; bulbs need to dry before storing
Softneck varieties typically store longer
Store in mesh bags in cool, dark, dry conditions
Varieties: 'California Early,' 'Inchelium Red,' 'Marbled
Purple Stripe,' 'Silver White'

Scallion/Bunching Onion

Final Spacing: 2-4" – plant in clusters
Container: 6" wide x 6" deep
Harvest when tops are 12-18" tall; if bulbs form, harvest
when tops begin to yellow and fall over and, then, cure
Varieties: 'Evergreen White,' 'Guardman,' 'Red
Baron,' 'White Lisbon'